



# CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Mauro Fraresso

for successfully completing The Art of Reverse Dieting for  
Personal Trainers



A handwritten signature in black ink, appearing to read "Dm", positioned above a horizontal line.

Daine McDonald  
Founder & CEO

April 12, 2024

Date  
Of Completion

ID: 1330DE1B1-12D6499A6-12D468D75

CEUs: NASM: 0.2 AFAA: 2.0