

# CERTIFICATE OF COMPLETION

THIS CERTIFICATE IS PROUDLY PRESENTED TO

Hamza Ali

for successfully completing The Art of Reverse Dieting for  
Personal Trainers



Daine McDonald  
Founder & CEO

March 2, 2025

Date  
Of Completion

ID: 138D585F7-1332C1AC4-1330E3161

CEUs: NASM: 0.2 AFAA: 2.0